Extreme Distraction

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Tom Spencer (Lead Vocals) : Tom originally started as a guitarist 25 years ago. From an early age, he knew that music was what he dreamed of doing for the rest of his life. Tom spent most of his time when growing up practicing guitar and learning an appreciation for classical, jazz, rock, metal, new wave, alternative, and gothic music. Through out the years Tom has preformed with Rock, Gothic, Country, and Metal bands playing guitar, Bass and Keyboards. In early 2000 when putting together a band called Descent Into Madness Tom was approached by a founding member to try his luck at Singing. This became a natural thing for Tom he had found a new instrument that he had yet to explore. After months of learning to sing on his own, Tom became frustrated that he could not do some of the things vocally that he wanted to and sought help from vocal coach Eric Bruner. Eric took what Tom had already figured out and began to help him expand his voice to what he can do today. Tom has been compared to Geoff Tate, Bruce Dickenson, Rob Halford, Peter Murphy, Vince Neal, and Even Simon Lebon. Using Tom' s unique tastes in music is what we believe gives him the talent that he has. Tom has also won various Poetry awards for his Lyrics and was honored by the International Society of Poets as best new poet of 2003. During early 2001, Tom spent a small amount of time in Sweden where he made many contacts in the European music market and hung out with bands like Malaise (www.malaise.net) and The Mists of Avalon (http://www.mist-of-avalon.com). Tom spends much of his time now working on lyrics, writing some songs, and helping arrange and define songs that local bands write to appeal to a younger and older crowd. In his current project/band on the SlixSpin Record label, Tom once again took the helm of contributor, arranger, musician, and Lead vocals for Extreme Distraction. This band has over tones of 80' s Hard Rock mixed with modern Alternative. Tom hopes that with this blending of styles it will help a new generation of Rockers enjoy a blended mix of sounds and influences.

Musical Influences:

Malaise, The 69 Eyes, H.I.M., Dawn of Oblivion, Sisters of Mercy, Malaise, The Mist of Avalon, Tenebre, Lucy Fire, Type O Negative, Motley Crue, L.A. Guns, Casket, Tiamat, Bauhaus, Paradise Lost, Fun House, Dark Side Cowboys, Poison Black, To Die For, Danse Macabre, Devine Vision, Labyrinth, U2, The Cure, Duran Duran, Holler, New Order, Orgy, Rob Zombie, Marilyn Manson, Sentenced, Charon, Memory Garden, Judas Priest, Sundown, Queensryche, Casket, Candlemass, The Death Stars, Billy Idol, Steve Stevens, Ozzy, Black Sabbath, The Mission UK, The Cult, Holy Barbarrians, Guns and Roses, STP, Velvet Revolver, Theatre of Tragedy The Gathering, Poison Black, Dream Theater, Kamelot, Evergrey, Megadeth, Iron Maiden, Steve Vai, Iced Earth, Within Temptation, Nightwish, Tristania, Therion, Lacuna Coil, Bel Canto, Linkin Park, Souxsie and the Banshees, The Smiths, Tonic, Cemetery, Pantera, Moon Spell, Autumn Tears, This Ascension, Andrew Lloyd Webber, Peter Murphy, Love and Rockets, Thrill Kill Kult, Ministry, Front 242, Skinny Puppy, Peter Schilling, Cradle of Filth, Tori Amos, Lorenna McKennit, Sarah McLachlan, Nine Inch Nails, Morifade, Morgana Lefey, Hollywood Undead, Rammstein, Psychedelic Furs, Depech Mode, The Shroud, F Type, Godsmack, Tool, Dio, and Various Local Bands and Majors throughout the years.

Shawn Harold (Lead Guitar) : Shawn is also a member of Dimitri' s Rail, a Houston Based rock band. Shawn has played professionally with bands and as a session guitarist for 25 years. His influences span the rock gammet including Jimi Hendrix, Peter Frampton, Jeff Beck, CC Deville, Joe Walsh, Angus Young, Dave Mustaine, Ted Nugent, Slash, Joe Perry and many others.

Jake Jacobsen (Rhythm Guitar) : In addition as Executive Managing Director of SlixSpin Records, Jake began his guitar career in the 1980' s and continues to play various styles of rock. Additionally, Jake writes and composes many songs.

Daryl Youngblood (Rhythm Guitar & Bassist) : In addition to owning DuoTone Studios, Daryl writes, composes, produces and mixes songs, as well as playing both guitar and bass guitar. He has also been in several bands, and regularly performs studio

work for certain artists.

Conner "Banger"Wright (Drums) : They don' t call him "Banger"for nothing! He has an aggressive, yet precise drumming style unmatched in our ears. He has played for several bands before joining Extreme Distraction.

In order to expand our depth and style, we are in the process of selecting four (4) additional band members…More details to follow .

Extreme Distraction is signed to SlixSpin Records-Copyrighted, all applicable laws apply and BMI member, as are all the band members.

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